

Let's Talk About Sex!

The NEST | March 2018 | Pam McGee

Galatians 6:9, "Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give-up."

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Ages 0-3	<ul style="list-style-type: none"> • Give proper names to body parts. • Talk about God's story/plan in everyday. (<i>God made you, loves you and made you to love Him</i>). • All living things come from a seed, so do you!
Ages 3-5	<ul style="list-style-type: none"> • Bigger picture: God's plan is for husband and wife to come together in marriage to then make a baby. • "No Trespassing" Conversations. • Simply explain adoption.
Ages 5-8	<ul style="list-style-type: none"> • More specifically explain intercourse, baby growth, delivery. • Explain how body will begin to change as you grow up.
Ages 8-11	<ul style="list-style-type: none"> • Address puberty (menstruation, hair growth, voice changes, etc). • Address sex outside of marriage and homosexuality. • Begin to address how not all families "look like" God's Plan because sin entered the world.
Ages 10-13/14	<ul style="list-style-type: none"> • Discuss how to handle attraction/interest in another (i.e. dating). • Address STDs, sexual experimenting, porn, and masturbation.
Ages 14-18	<ul style="list-style-type: none"> • Anything and everything else!

Suggested Resources

Book Recommendations

No Trespassing - This is My Body by Pattie Fitzgerald

Mary Flo Ridley Books and Videos (access to online videos with a Right Now Media subscription)

How God Makes Babies by Jim Burns (for ages 6-9)

God Made Your Body by Jim Burns (for ages 3-5)

God Made All of Me by Justin and Lindsay Holcomb (for ages 3+)

God's Design for Sex (four-book series) by Stan and Brenna Jones

Questions Kids Ask About Sex by The Medical Institute for Sexual Health

Passport 2 Purity by Family Life Resources

The 5 Love Languages for Children by Gary Thomas

Audio Resources | www.watermark.org/media

Exposed! Naked Truth about Sex Series by Harrison Ross

Teenagers and Dating by Todd Wagner

Same-Sex Bonding by Ricky Chelette

Reclaim Sex Ed by Jeanie Cox

Responding to Same-Sex Issues by Nika Spaulding

Prep: How the Bible Preps Us for Pornography and Lust by Jonathan Pokluda

16 Things to Convince your Children of Before They're 16 by Todd Wagner

Resolve to Remove Myths Around Love and Dating by John McGee

Re-Charge Message: January 20, 2018 by Callie Nixon (listed under Women's Bible Study)

Care and Recovery Ministries

(Go to www.watermark.org/dallas. Click on Ministries then "Care and Support".)

- Shelter from the Storm (Christ-centered support group for women who have been sexually abused or assaulted).
- MenD (Christ-centered support group for men who have been sexually abused or assaulted).
- Re-Engage (Reignite, reconnect or resurrect your marriage).
- Regeneration (A biblically-based recovery program for healing, recovery and freedom).
- Shiloh (Christ-centered support group for those experiencing infertility or miscarriage).
- Someone Cares (post-abortion restoration support group for women).